**Level 2 Questions**

Please quote the relevant rule number in your response to the question(s).

|  |
| --- |
| **1. What are the two parts of the main rule of race walking?** |
|  |
| **2. What do these paddles mean?****C:\Users\laptop\Documents\Walk Judging\Race Walks Paddles (2).jpg** |
|  |
| **3. When would these paddles be shown to the competitors?** |
|  |
| **4. Can a judge show the same paddle more than once to the same competitor?** |
|  |
| **5. Why is a red card completed and what happens to it once that has been done?** |
|  |
| **6. What is a red paddle used for and who would use it?** |
|  |
| **7. Where is the best position from which to judge at a track event?** |
|  |
| **8. Where is the best position from which to judge at a road race?** |
|  |
| **9. Where are competitors most likely to break the rules of race walking? Give at least two examples** |
|  |